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## The 8 Laws of Change: How to be an Agent of Personal and Social Transformation

By Stephan A. Schwartz

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, The 8 Laws of Change: How to be an Agent of Personal and Social Transformation, Stephan A. Schwartz, Inspired by his own powerful experiences during the Civil Rights movement in the 1960s and other social movements in the '70s, '80s, and '90s, Stephan Schwartz spent 16 years researching successful social transformations, uncovering the science and the patterns behind them all. He found that there are three ways to create social change. The first is the advancement of technology and science. The second--change compelled by physical power--is almost always coercive and violent and, for those reasons, not long lasting. The third avenue of change he discovered--the most successful and enduring--is one brought about by something so subtle it is often not taken seriously: small individual choices based on integrity and shared intention. Revealing how the dynamics of change are learnable, Schwartz explains the 8 laws of individual and social behavior that can enable any person or small group--even ordinary people without great wealth, official position, or physical power--to bend the arc of history and create successful lasting transformation. He shares the stories of individuals who have actually changed history, such...



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