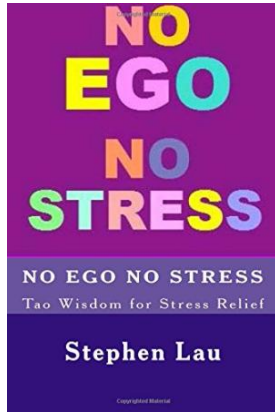


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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. NO EGO NO STRESS is a 134-page book by Stephen Lau on ancient human wisdom for stress relief. Specifically, it is about Tao wisdom, which originates from the ancient Chinese sage Lao Tzu, the author of Tao Te Ching -one of the most translated works in world literature. Tao Te Ching is popular due to its profound...

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