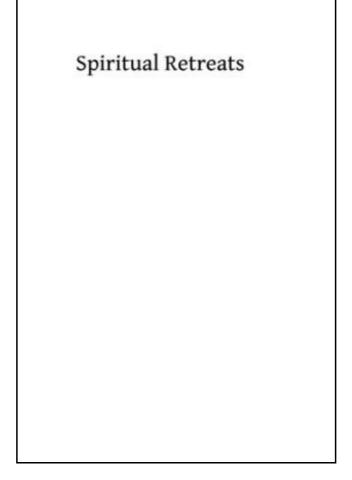
# Spiritual Retreats: Notes of Meditations and Considerations Given in the Convent of the Sacred Heart in Rosehampton



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### Reviews

Comprehensive guide! Its this type of very good read through. It is actually writter in simple words and phrases rather than difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Bernie Mante PhD)

## SPIRITUAL RETREATS: NOTES OF MEDITATIONS AND CONSIDERATIONS GIVEN IN THE CONVENT OF THE SACRED HEART IN ROSEHAMPTON



Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The work was intended primarily for those who assisted at the Retreats given by Father Porter, and who welcomed the attempt to have the lessons contained in them recalled to their memory: it has, however, been equally welcomed by many who have never made retreats, but who have found in the Notes helps to meditation and rules for practical guidance in the difficulties of their spiritual life in the world. Consider this instruction on self-love: WHAT I have called self-love has a variety of names: self-preoccupation, self-consciousness, self-introspection, etc. Whatever we call it, it is a fact of spiritual life and of daily life that many persons are liable to this fault. It is not a healthy frame of mind: it shuts one out from good things. One is not a little puzzled how to make a person see that she has self-love. You may know it is there, but it is not easy to lay your hand upon it. You must get to it by a roundabout way. Such people are always examining self-never being satisfied with their introspection, worrying over it. One of the most common forms is that of those who are always noticing what they feel, not what they til ink. God has given us reason for our guide. So long as we are reasoning we are in a good and healthy state; but if, instead of judging, weighing, reflecting, etc., we go by feeling, it is wrong. I feel no devotion; I feel very wooden, and so on. Doubt your feelings. Don t regulate your conduct by them. There are persons who say, I don t feel to pray; I don t feel...

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