



## The Water Kite Journey: Get Wet and Heal

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By Debbie Torrellas

Authorhouse. Paperback. Book Condition: New. Paperback. 260 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. Enjoy the very personal journey and passion with water from the healing point of view and personal experiences while coaching and motivating people. The journey is based on a fun perspective of flying a kite as the vehicle in life. You will enjoy and watch as the Author describes health success from over or above water, which brings a different way to draw parallels in life. Have a close encounter with daily health issues and menacing ones that may affect quality of life. In a hilarious and entertaining way the Author describes the health predators, from the gossiping of a medical office to surf health conditions in the net. Meet the pandemic creatures of health which stops people from evolution and transformation. Explore alternative ways to approach the body as water creatures and in a fun way create a love relationship with the self. Open the heart and just listen to the out loud liquid language of the body in the water, through positions, movement and quality of tissue. Experience the uncorking sensation of healing, even when it does not seem to be real. Embrace the liquid...



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