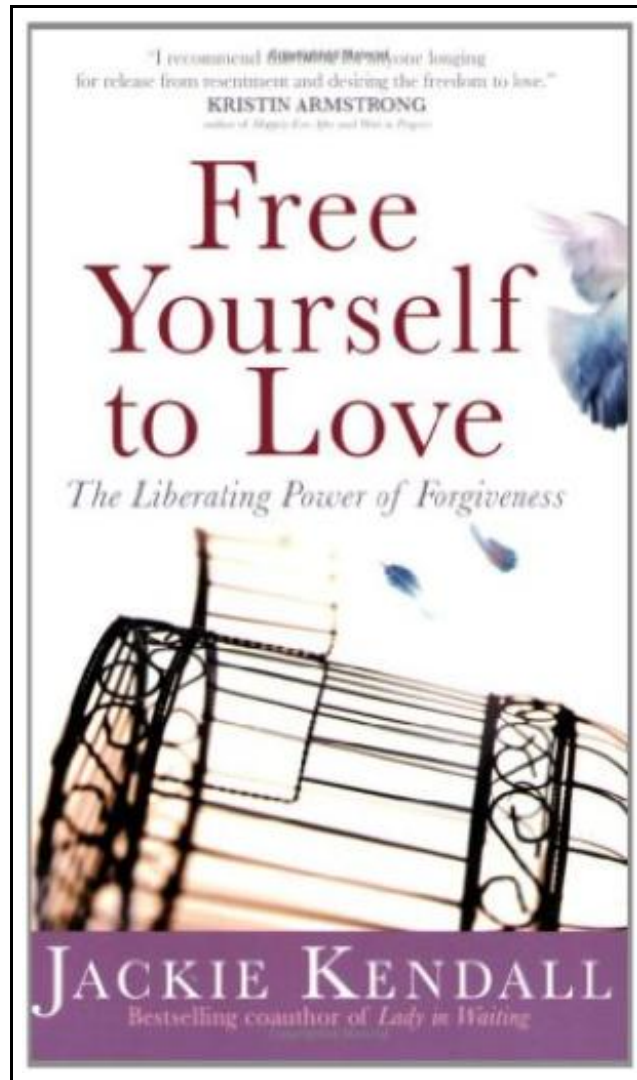


Free Yourself to Love: The Liberating Power of Forgiveness



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Reviews

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(Janie Wilkinson)

FREE YOURSELF TO LOVE: THE LIBERATING POWER OF FORGIVENESS



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Time Warner Trade Publishing, United States, 2009. Paperback. Book Condition: New. 201 x 130 mm. Language: English . Brand New Book ***** Print on Demand *****.Jackie Kendall s childhood was a horror story of abuse. A counselor deemed her family one of the top-ten most dysfunctional in America. Family members have dealt with this trauma in different ways: two siblings committed suicide. Some siblings ran wild, But Jackie learned to forgive. When she decided that she wanted to break the mould and be a healthy, loving woman, to forgive or not to forgive was not a question. Simply put: one cannot love freely without the developed skill of forgiving freely. In **FREE TO YOURSELF TO LOVE**, Jackie shares her own story and struggle to learn this vital life skill. She also reveals what forgiveness principles to apply to marginal and mortal offenses and the reasons for - and results of - refusing to forgive. In passionate, empathetic prose, Jackie urges her readers to exchange free-floating bitterness for the freedom to love and be loved.



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