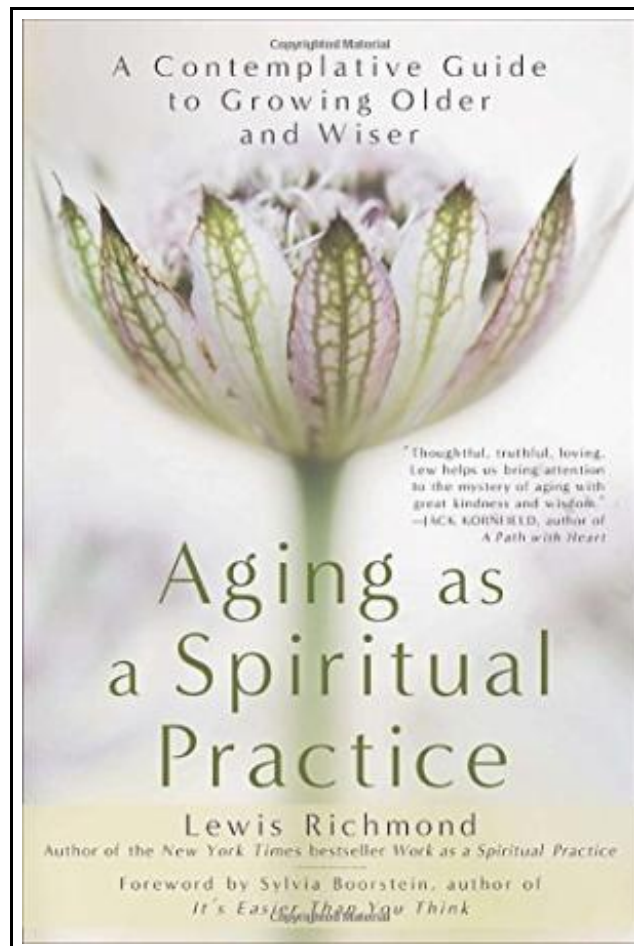


Aging as a Spiritual Practice: A Contemplative Guide to Growing Older and Wiser



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